

What You Need to Know About Skin Testing...

- It is very important to be on time for your skin test appointment. If you arrive late, we may be unable to test you, due to time constraints.
- Allow 2 hours for skin testing. You will discuss the results with your doctors after the skin test.
- Wear comfortable clothing. You will be asked to take your top off, so do not wear a one piece outfit!
- The tests are not painful but are somewhat uncomfortable. We describe the prick test sensation as being "like a cat walking over the back." The intradermal test feels like pinches. You may experience some local redness and itching for up to 24 hours after testing. Occasionally, skin test reactions last for several days. Do not be alarmed as the tests will fade away. Delayed reactions are not considered significant.
- Your doctor determines the number of tests done according to the history you have given him/her. We use a multitest device to do prick testing. The number of intradermal tests is determined only after prick testing.
- It is important to stay off antihistamines for the specified number of days. Antihistamines will block the skin test reaction.
- Skin testing cannot be performed on patients taking Beta Blockers. These medicines are commonly prescribed for migraines, high blood pressure and glaucoma. Be sure to tell us all the medications that you take on a daily basis.
- Always eat before you come!

*You cannot be skin tested while taking the following medications.
Discuss an alternative with your physician*

BETA BLOCKER DRUGS

ORAL

<u>Brand Name</u>	<u>Generic Name</u>
Apo-Metoprolol	metoprolol
Apo-Propranolol	propranolol
Betaloc	metoprolol
Betapace/AF	sotalol
Blocadren	timolol
Cartrol	carteolol
Coreg	carvedilol
Corgard	nadolol
Detensol	propranolol
Inderal LA (sustained release)	propranolol
InnoPran XL (sustained release)	propranolol
Kerlone	betaxolol
Levatol	penbutolol
Lopressor	metoprolol
Navopranol	propranolol
Normodyne	labetalol
Sectral	acebutolol
Slow-Trasicor (sustained release)	oxprenolol
Sorine	sotalol
Sotacor	sotalol
Tenormin	atenolol
Toprol XL (sustained release)	metoprolol
Trandate	labetalol
Trasicor	oxprenolol
Visken	pindolol
Zebeta	bisoprolol

COMBINATION PRODUCTS

<u>Brand Name</u>	<u>Generic Name</u>
Cobetaloc	metoprolol/HCTZ
Corzide	nadolol/bendroflumethiazide
Inderide	propranolol/HCTZ
Normozide	labetalol/HCTZ
Tenoretic	atenolol/chlorthalidone
Timolide	timolol/HCTZ
Viskazide	pindolol/HCTZ
Ziac	bisoprolol/HCTZ

OCULAR (Eye)

<u>Brand Name</u>	<u>Generic Name</u>
AK Beta	levobunolol
Betagan	levobunolol
Betimol	timolol
Betoptic S	betaxolol
Cosopt	timolol/dorzolamide
Ocumer	timolol
Ocupress	carteolol
OptiPranolol	metipranolol
Timoptic/Ocudose/XE	timolol

Do not discontinue antidepressants/psychootropic medications without consulting with your prescribing physician.

*Asthma medications do not affect skin testing.
Do not stop your asthma medications!*



*helping you breathe easier
season after season.*

Call your pharmacy or prescribing physician if you are unsure about the names of your medications.

The following is a list of medications that must be STOPPED SEVEN DAYS before skin testing

Actived	Biohist	Drixoral	Pediatan	Sominex
Adapin	Bonine	Durahist	Periactin	Sudafed Cold & Allergy
Advil Allergy	Bromfed	Duratan	Phenergan	Surmontil
Advil PM	Brompheniramine	Duravent	Polyhistine	Tacaryl
Ah-Chew	Carbinoxamine	Dytan	Promethazine	Tandur
Alavert	Cetirizine	Elavil	Protriptyline	Tavist
Allegra	Chlorpheniramine	Etrafon	Pyribenzamine	Temaril
Allerhist	Chlortrimeton	Excedrin PM	Remeron	Theraflu
Allertan	Clarinet	Extendryl	Rescon	Tofranil
Allerx	Claritin	Fexofenadine	Resperidone	Triaminic
Amitriptyline	Clemastine	Hydroxyzine	Risperdal	Triavil
Anafranil	Clomipramine	Imipramine	Robitussin Cough, Cold & Allergy	Trimipramine
Antivert	Cogentin	Limbitrol	Rondec	Trinalin
Asendin	Comtrex	Lodrane	Rutuss	Tylenol Allergy
Astelin Nasal Spray	Contact	Loratadine	Ryna	Tylenol Cold
Astepro Nasal Spray	Coricidin	Ludiomil	Rynatan	Tylenol PM
Atarax	Cyproheptadine	Marezine	Ryneze	Unisom
Atrohist	Deconamine	Meclizine	Semprex	Vicks
Aventyl	Desipramine	Norpramin	Seroquel	Vivactil
BC Cold	Dimetapp	Nortriptyline	Sinequan	Xyzal
Benadryl	Diphenhydramine	Nyquil	Singlet	Zonolon
Bentyl	Doxepin	Pamelor		Zyrtec
Benzotropin	Dramamine	Pediacare		

**The medications below must be stopped 2 days before skin testing.
GI MEDICATIONS (for reflux and indigestion)**

Axid, Cimetidine, Famotidine, Nizatidine, Pepcid, Ranitidine, Tagamet, Zantac